

## Key resources for teaching substance use

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| Resource type   | Brief description   | Potential use   | Retrieve from   |
|---|---|---|---|
| DVD – <a href="#">He drove me mad</a> (25 mins)                                     | Impact of domestic abuse on substance use and mental ill health – using powerful dramatizations of real life stories. Also has powerpoint slides and pdf resources                                  | Teaching on domestic violence, mental ill health, substance use, listening and communication skills, intervention.                            | <a href="http://www.hedrovememad.com">www.hedrovememad.com</a><br>\$NZ 85.00 (but worth it!)                                  |
| DVD – <a href="#">Option 2. A crisis intervention for families</a> (12mins)         | Looks at the impact of this award winning intervention on families. The project manager, introduces the service and two of the clients who have worked with Option 2 speak about their experiences. | Teaching on children and families and substance use and/or values discussion or good practice in interventions and communication skills.      | <a href="http://www.option2.org/Publications.htm">www.option2.org/<br/>Publications.htm</a><br>£23.20                         |
| DVD – <a href="#">Option 2. Views on the scope and impact of the model</a> (16mins) | Explores the model and methods behind the strengths-based approach to working with families with alcohol and drug problems and people at risk. Professional and service user interviews.            | Teaching on children and families and substance use and/or values discussion or good practice in interventions and communication skills.      | Email: <a href="mailto:dave.bowditch@gone.gsi.gov.uk">dave.bowditch@gone.gsi.gov.uk</a><br>Free if used for training purposes |
| DVD – <a href="#">From Pillar to Post</a> (23 mins)                                 | Explores the difficult experiences of people with mental health and substance use problems and the professionals that are supposed to be helping them. Also identifies good practice.               | Teaching on substance use or on mental health modules. Also highlights good practice in not allowing people to fall through gaps in services. | <a href="http://www.mindincroydon.org.uk">www.mindincroydon.org.uk</a> or tel 0208 668 2210<br>£35.00                         |

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| DVD – <a href="#">Seeing and hearing the child: rising to the challenge of parental substance misuse</a> | Contains dramatised real life scenarios, children’s voices and stories, reflections from a range of professionals, exercises, task sheets, handouts, reference lists. Includes trainer’s manual.   | Teaching on children and families and substance use, particularly the impact on children.                                | <a href="http://www.nspcc.org.uk/Inform/trainingandconsultancy/learningresources/seeingandhearing_wda56195.html">www.nspcc.org.uk/Inform/trainingandconsultancy/learningresources/seeingandhearing_wda56195.html</a><br>£73.00 |
| DVD/video: <a href="#">Ladybird, Ladybird</a> (97 mins)  | UK film about a woman who suffers domestic violence related to alcohol, and the impact it has on her future relationships and family. A powerful and disturbing film that can be used as the basis for discussion in teaching.   | Teaching on substance use and domestic violence, child protection, social work interventions.                            | Available from Amazon. Recently released on DVD. Directed by Ken Loach. £5.98.   |
| DVD - <a href="#">Ladged no longer</a>   | Impact of drugs on the Gypsy community.  | Teaching on diversity, social exclusion, impact on families and communities.   | Jake.Bowers@btinternet.com<br>£15.00   |
| DVD – <a href="#">Crossing the line</a> (24 and 32 mins)   | Hard hitting drug education package with real life interviews and reconstructions which combine in a compelling way to tell the stories of former heroin and crack cocaine users. It highlights the potential impact of drug addiction on individuals, families and society. Contains resource folder, DVD and CD rom. | Teaching on substance use, service user perspectives.  | <a href="http://www.kgbproductions.co.uk/crossing_the_line.htm">www.kgbproductions.co.uk/crossing_the_line.htm</a><br>£85  |
| DVD – <a href="#">Motivational Interviewing (MI)</a>   | Professional Training Videotape Series comprises 7 videos to support MI training. They contain role plays using the MI techniques and show good practice by the professionals even in the most frustrating of situations.  | Teaching on skills and methods, raising the issue, handling resistance, working with people with substance use problems. | Available through <a href="http://www.motivationalinterview.org">www.motivationalinterview.org</a> and other videos/ dvd available. Transcripts of MI in practice available too. \$150.  |
| Short film – <a href="#">A cup of chocolate</a> (2mins)  | Amusing and poignant short film made by Cumbria User’s forum substituting chocolate for alcohol or other drugs.  | Teaching on substance use, values, stigma and stereotypes.   | <a href="http://www.virginmediashorts.co.uk/films/film/a-cup-of-chocolate/">www.virginmediashorts.co.uk/films/film/a-cup-of-chocolate/</a> Free  |
| Short films – Various subjects   | A series of short films by leading academics, clinicians and policy makers on a range of issues relating to drugs and alcohol.   | Teaching on substance use, particularly policy matters and substance use interventions.                                  | <a href="http://www.fead.org.uk">www.fead.org.uk</a><br>Requires flashplayer.  |

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| Short films – Various subjects                          | Contains short films and video clips. Has a ‘talking heads’ section with service users discussing their own stories of alcohol and drug problems and their efforts to change.   | Teaching on service user perspectives, substance use, interventions and skills.                  | <a href="http://www.inexcess.tv">www.inexcess.tv</a><br>Free.                       |
| Toolkit - Alcohol and Families                          | Toolkit for parenting professionals. Contains powerpoint presentations and pdf resources to download on working with parental substance use.  | Teaching on alcohol, children and families, and impact on families of parental alcohol problems. | <a href="http://www.alcoholandfamilies.org.uk/">www.alcoholandfamilies.org.uk/</a>  |
| Toolkit - Adult Drug Problems, Children’s Needs         | Toolkit for practitioners produced by the NCB. Contains tools and tips to support effective practice, useful information about a range of relevant topics, training and development activities, practice examples from around the UK.   | Teaching on alcohol, drugs and child welfare and protection.                                     | <a href="http://www.ncb.org.uk">www.ncb.org.uk</a><br>£20.00                        |
| Drug Education and Training Photo Pack. (training pack) | The pack provides A4 full-colour photographs of drugs and drug-taking paraphernalia, people and drug-taking situations. A full range of learning activities are given to increase drug knowledge, challenge attitudes, debunk stereotypes and develop skills to manage drug-related situations. | Teaching on substance use, attitudes and values and interventions.                               | Available from HIT<br><a href="http://www.hit.org.uk/">www.hit.org.uk/</a><br>Free. |

NB. Don’t forget that radio and television have good programmes and documentaries that can be recorded and used in teaching. Some of these are available to download from media websites after the original transmission.

## Key Texts

- Barber, J. (2002) *Social work with addictions*. (2nd ed.). Basingstoke: Palgrave.
- Barnard, M. (2007) *Drug addiction and families*. London: Jessica Kingsley.
- Gossop, M. (2007) *Living with drugs*. (6th ed.). Aldershot: Ashgate.
- Hamer, M. (2005) *Preventing breakdown: A manual for those working with families and the individuals within them*. Lyme Regis: Russell House Publishing.
- Harbin, F. and Murphy, M. (eds.) (2006) *Secret lives: growing with substance. Working with children and young people affected by familial substance misuse*. Lyme Regis: Dorset: Russell House Publishing.
- Klee, H., Jackson, M. and Lewis, S. (2002) *Drug misuse and motherhood*. London: Routledge.
- Kroll, B. and Taylor, A. (2003) *Parental substance misuse and child welfare*. London: Jessica Kingsley.
- Miller, W.R. and Rollnick, S. (2002) *Motivational Interviewing: preparing people for change (2nd ed.)*. New York: Guilford Press.
- Petersen, T. and McBride, A. (2002) *Working with substance misusers. A guide to theory and practice*. London: Routledge.
- Phillips, R. (ed.) (2004) *Children exposed to parental substance misuse*. London: BAAF.

- Shapiro, H. (2007) *The essential guide to drugs and alcohol*. London: Drugscope.
- Shapiro, H. (ed.) (2008) *The essential student reader on drugs*. London: Drugscope.
- Velleman, R. & Orford, J. (1999). *Risk and resilience: adults who were the children of problem drinkers*. Amsterdam: Harwood Academic.

## Journal articles/guides/reports

- Cummings, S.M., Bride, B. and Rawlins-Shaw, A.M. (2006) 'Alcohol abuse treatment for older adults: a review of recent empirical research.' *Journal of Evidence-Based Social Work*, 3 (1), 79-99.
- Department of Health (2002) *Mental health policy implementation guide. Dual diagnosis good practice guide*. London: Department of Health.
- Forrester, D. and Harwin, J. (forthcoming, 2009) *Parents who misuse drugs or alcohol. Effective interventions in social work and child protection*. Chichester: Wileys.
- Frisher, M., Crome, I., Macleod, J., Bloor, R. and Hickman, M. (2007) *Predictive factors for illicit drug use among young people: a literature review*. Home Office Online Report 05/07. Retrieved, 6 March 2007, from [www.homeoffice.gov.uk/rds/pdfs07/rdsolr0507.pdf](http://www.homeoffice.gov.uk/rds/pdfs07/rdsolr0507.pdf)
- Galvani, S. (2007) 'Refusing to listen: are we failing the needs of people with alcohol and drug problems?' *Social Work Education*, 27 (7) 697-707.
- Galvani, S. and Forrester, D. (2008) *What works in training social workers about drug and alcohol use? A survey of student learning and readiness to practice*. Final report for the Home Office. Home Office: London. Retrieved, August, 2009, from [www.beds.ac.uk/departments/appliedsocialstudies/staff/sarah-galvani/galvani-forrester-horeport2008pdf](http://www.beds.ac.uk/departments/appliedsocialstudies/staff/sarah-galvani/galvani-forrester-horeport2008pdf)
- Galvani, S. and Hughes, N. (2008) 'Working with alcohol and drug use: exploring the knowledge and attitudes of social work students' *British Journal of Social Work*. Advanced access. Retrieved, 20 October 2008, from <http://bjsw.oxfordjournals.org/cgi/reprint/bcn137v1>
- Loughran, H., Hohman, M, and Finnegan, D. (2008) 'Predictors of role legitimacy and role adequacy of social workers working with substance-using clients'. *British Journal of Social Work*. Advance access. Retrieved July 30, 2008, from <http://bjsw.oxfordjournals.org/cgi/content/full/bcn106v1>.
- McCarthy, T. and Galvani, S. (2004) 'SCARS: a new model for social work with substance users.' *Practice*, vol.16, no. 2, pp.85-97.
- Weaver et al. (2003) 'Co-morbidity of substance misuse and mental illness in community mental health and substance misuse services.' *British Journal of Psychiatry*, vol. 183, 304-313.

There are also good specialist journals available within university libraries; these include *Addiction*, *Journal of Studies on Alcohol and Drugs*, *Addiction Research and Theory*, *Journal of Substance Use*, *Drug and Alcohol Dependence* and *Drugs: Education, prevention and policy*.

## Websites

- [www.swalcdugs.com](http://www.swalcdugs.com) – specifically for social workers wanting information on alcohol and drugs within a social work practice context.
- [www.alcoholconcern.org.uk](http://www.alcoholconcern.org.uk) – for national charity Alcohol Concern with factsheets to download, alcohol and families section, service directory and lots of other useful information on policy and practice issues.
- [www.drugscope.org.uk](http://www.drugscope.org.uk) – website for national charity DrugScope. Lots of good information on drug facts and effects, and related health, criminal

justice and social issues. Also offers an online library, bookshop and a directory of services across the UK ('Helpfinder').

- [www.adfam.org.uk](http://www.adfam.org.uk) – website for national Charity Adfam that works with families affected by someone's alcohol or drug use.
- [www.druglibrary.stir.ac.uk/](http://www.druglibrary.stir.ac.uk/) - online drug and alcohol library run by University of Stirling.

## SWAP resources

SWAP (2009) *Social Work and substance use. teaching the basics*. Retrieved, November 2009 from [www.swap.ac.uk/docs/guide\\_su\\_learning&teaching.pdf](http://www.swap.ac.uk/docs/guide_su_learning&teaching.pdf)

SWAP (2009). *Learning and teaching digest: integrating substance use teaching into the social work curriculum*. Retrieved, August 2009, from [www.swap.ac.uk/docs/digests/swapdigest\\_7.pdf](http://www.swap.ac.uk/docs/digests/swapdigest_7.pdf)

SWAP (2009). *Helpsheet: involving alcohol and other drug specialists in social work education*. Retrieved November 2009, from [www.swap.ac.uk/docs/helpsheets/hs\\_substancemis1.pdf](http://www.swap.ac.uk/docs/helpsheets/hs_substancemis1.pdf)

SWAP (2009). *Helpsheet: using substance use research tools to promote teaching and learning*. Retrieved November 2009, from [www.swap.ac.uk/docs/helpsheets/hs\\_su\\_researchtools.pdf](http://www.swap.ac.uk/docs/helpsheets/hs_su_researchtools.pdf)

SWAP(2009). *Information sheet: domestic violence and substance use in the social work curriculum*. Retrieved November, 2009, from [www.swap.ac.uk/docs/infosheets/is\\_domestic\\_violence.pdf](http://www.swap.ac.uk/docs/infosheets/is_domestic_violence.pdf)

SWAP (2009). *Information sheet: Key resources for teaching substance use*. Retrieved November. 2009, from [www.swap.ac.uk/docs/infosheets/is\\_keyresources.pdf](http://www.swap.ac.uk/docs/infosheets/is_keyresources.pdf)

SWAP (2009). *Case studies: teaching substance use in social work education*. Retrieved November 2009, from [www.swap.ac.uk/docs/casestudies/cs\\_substancemis2.pdf](http://www.swap.ac.uk/docs/casestudies/cs_substancemis2.pdf)

SWAP (2010). *Information sheet: Blood Borne Viruses and substance use in the social work curriculum*. Retrieved, January 2010 [www.swap.ac.uk/docs/infosheets/is\\_subusebbv.pdf](http://www.swap.ac.uk/docs/infosheets/is_subusebbv.pdf)

## Acknowledgements

This information sheet was authored by Sarah Galvani and Donald Forrester, University of Bedfordshire.

The development of this work and other related materials has been supported by a Curriculum Development Group which has provided encouragement, comment and suggestions at different stages of the development process. We are very grateful to them for their commitment and support.

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